

THREE MILESTONES IN THE JOURNEY

From a first concrete win to 2.23× productivity by the end of the programme.

Trainees move through three productivity inflection points across the seven-module programme. Output is measured in **manual-equivalent hours** — the hours a skilled professional would need to reproduce a trainee’s week of AI-assisted work without AI. Figures cover the **audited cohort**: structured impact capture began in March 2026, so earlier trainees’ reflections carry no hours data and every n undercounts the population trained.

01

END OF MODULE 1

The magic moment

Trainees finish onboarding with their first concrete win — a specific artefact produced, a non-obvious connection drawn, or the first realisation that AI has changed how they work. Examples of what trainees ship in their first AI-assisted week:

- A polished client-facing communication, drafted with full historical context
- A structured analysis built from complex source material
- A meeting transcript turned into a recap with owner-tagged actions
- A reusable workflow template captured from a one-off task

Concrete first artefacts
across all kinds
of knowledge work

02

END OF MODULE 3

Foundations crossed

Module 3 is vault architecture — the structural step that turns AI from one-shot helper into compounding system. Trainees finish with a working shared brain and the methodology starts to pay off.

1.27×

median productivity multiple
(34.0 hrs/wk · n=101)

03

END OF PROGRAMME (MODULE 7)

Full mastery

Trainees have completed the full programme (Module 7). They are at sustained leverage — workflows compound, custom skills handle recurring work, and complex deliverables that used to take days now take hours.

2.23×

median productivity multiple
(57.0 hrs/wk · n=53)

COHORT
IMPACT

~6,872

hrs/week of manual
work replaced

~172

full-time employees’
worth of work

Total across
138 audited trainees

HOW WE MEASURE PRODUCTIVITY

At the end of every module, the trainee’s own Claude instance audits their vault **locally on their machine**, anonymising as it goes — reading every file they’ve modified in the last 7 days, decomposing each output into research / drafting / cross-referencing / formatting / review phases, and summing the estimated **manual-equivalent hours**. Only the resulting summary is shared; raw vault content never leaves the trainee’s machine. The productivity multiple divides the figure by the trainee’s available focus time (40 hrs/wk less their estimated meeting load, estimated per trainee from their role and schedule context).

productivity multiple = manual-equivalent hours ÷ (40 – estimated meeting hours)

91.2%

Positive sentiment across
820 trainee reflections

179 files

Median vault size past foundations
(top trainee 20226 files)

Trainees use the platform across the full range of knowledge-worker activities. The items below are illustrative examples of skills they encode and work themes they apply AI to — not a fixed menu, and not the only places AI lands value.

EXAMPLES OF WORK THEMES

Engagement documentation and management

Comprehensive documentation and management of active client engagements, including decision packages and risk assessments.

Stakeholder coordination and mapping

Coordination across consultants, partners, and client contacts using structured stakeholder maps and engagement strategies.

Operational documentation and standards

Development and maintenance of operational standards and documentation to support engagement practices.

Expert reference and documentation creation

Production of expert references and documentation to support strategic planning and continuity.

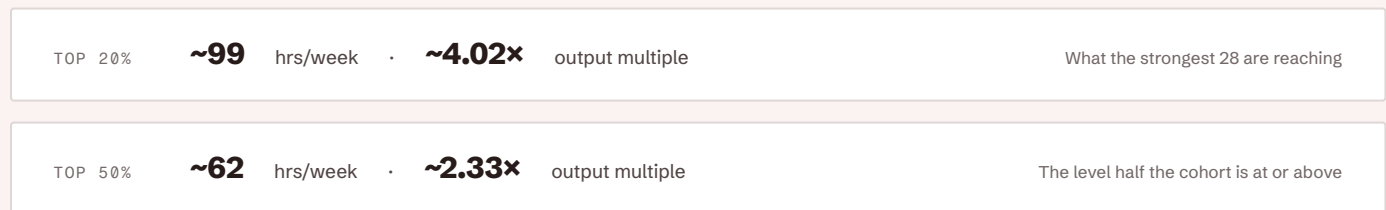
Client relationship management

Management of client contacts, decision rights, and relationship health across accounts.

Knowledge management and documentation

Creation and maintenance of structured knowledge bases and reference materials for efficient information retrieval.

Median productivity multiple at three milestone reflections, using each trainee's best output captured at any module $\leq$ that milestone (carry-forward best). The arc compounds as the methodology lands and trainees scale.



Every reflection submitted to the platform is classified into one of four sentiment categories. Negative and disengaged classifications must include a concrete behavioural observation — a validator rejects vague labels.

